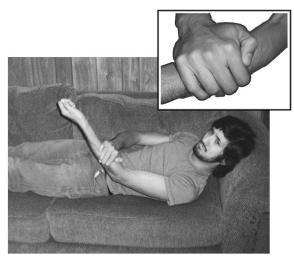
Practice: First Aid for a Serious Cut

Intermediate only

- 1. Lie down.
- 2. Put pressure on the cut.
- 3. Call 911.



1. Lie down.



2. Put pressure on the cut.



3. Call 911.

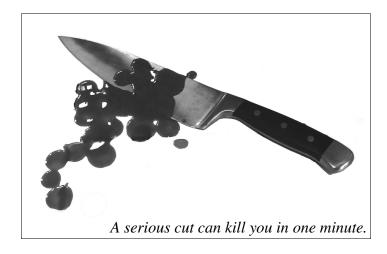
Dialog: Serious Cut

A: What's the matter?

B: I cut my arm!

A: Ok, you need to lie down.

B: Why?



A: Because you can fall down and hit your head.

B: I do feel a little dizzy. Ok, I'll lie down on the couch.

A: Now put pressure on your cut.

B: What? What's pressure?

A: You need to push down on your cut. That will slow down your bleeding.

B: Ok, now what?

A: You stay there. I'll call 911.

B: Ok. Thank you!

A: Just lie down and put pressure on your cut. Hello, 911?

Practice: First Aid for Poisoning

- 1. Call 911, OR
- 2. If the person is awake and breathing, call 800-222-1222.
- 3. Give the bottle to the medics.



1. Call 911, OR



2. If they are awake and breathing, call 800-222-1222.



3. Give the bottle to the medics.

Dialog: Poisoning

A: Johnny, what happened?

B: I don't feel very good.

A: What's in that bottle? What did you drink?

B: I drank this. [give the bottle to A]

A: Oh no, this is poison! Can you breathe ok?

B: Yes, I can. Why?

A: Because if you can breathe ok, I'll call the Poison Control Center.

B: You don't need to call anyone. I'll be fine.

A: Yes, I do. You're poisoned. I have to find out what to do.

B: Will you call 911?

A: No, because you are awake and can breathe ok. The Poison Control Center will tell me what to do.

B: What's their phone number?

A: It's (800) 222-1222. I'm calling them now.

B: Why do you have the bottle?

A: I'm going to give it to the hospital so the doctors will know what to do.

B: Will I be ok? I'm scared and I feel horrible.

A: Don't worry, you'll be fine. Hello, Poison Control?



Practice: First Aid for Poisoning

- 1. Flush eyes with water for 20 minutes AND
- 2. Call 911.
- 3. Give the bottle to the medics.



1. Flush eyes with water for 20 minutes AND



2. Call 911.



3. Give the bottle to the medics.

Dialog: Chemicals in Eyes

A: Oww! Help! Someone help me!

B: I'm here! What happened?

A: I got bleach in my eyes! Oh, it hurts!

B: We need to flush your eyes right now.

A: Flush the toilet? Huh? Oww!

B: No! We need to flush your eyes with water!

A: Ok, what do we do?

B: We'll put your head in the sink and run water into your eyes. It'll help wash out the bleach.

A: Ok, that helps a little bit. But it still hurts!

B: Don't worry, I'll call 911 right now.

A: Can I stop flushing my eyes?

B: No, you have to flush them for 20 minutes, or until the medics come.

A: And then what?

B: And then I'll give the medics the bleach bottle. It'll help them help you.

A: Oh, thank you so much.

B: Don't worry, you're going to be ok. Hello, 911?



Practice: First Aid for Choking

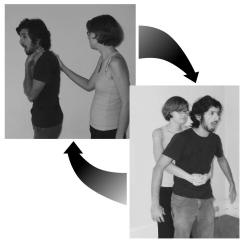
- 1. Shout for help.
- 2. Hit them between the shoulders 5 times.
- 3. Give them 5 abdomen thrusts.
- 4. Repeat hitting them between the shoulders and abdomen thrusts.
- 5. If needed, call 911.



1. Shout for help.



2. Hit them between the shoulders 5 times.



4. Repeat hitting them between the shoulders and giving abdomen thrusts.



3. Give them 5 thrusts to the abdomen.



5. If needed, call 911.

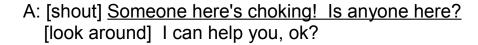
Dialog: Choking

A: Are you ok?

B: [Hold your throat]

A: Are you choking?

B: [Nod your head]



B: [Nod your head]

A: [Hit them between the shoulders 5 times.] Can you breathe?

B: [Shake your head]

A: [Give 5 thrusts to the abdomen.] Can you breathe?

B: [Shake your head]

A: [Hit them between the shoulders 5 times.] Can you breathe?

B: Now I can breathe. Thank you so much.

A: Will you be ok? Should I call 911?

B: No, I'll be fine. I just need to sit down for a minute.

A: I'll stay with you for awhile. I want to make sure you're ok.

B: Thank you.



Practice: First Aid for a Heart Attack

- 1. Shout for help.
- 2. Check for breathing.
- 3. Call 911.
- 4. Give chest compressions until the medics come



1. Shout for help.



2. Check for breathing.



3. Call 911.



4. Give chest compressions until the medics come.

Dialog: Heart Attack

You need three people for this dialog.

A: Help... me... [fall down]

B: Oh no! Are you ok?

A: I... can't breathe... I think... it's a... heart attack...

B: [shout] I need some help! This person is having a heart attack!

C: How can I help? I don't know CPR.

B: Call 911 right now. [check for breathing] He's not breathing.

C: Ok. I'll call 911.

B: [start giving chest compressions]

C: Hello, 911? Someone is having a heart attack. He's not breathing. We're right outside 455 International Blvd. in Oakland.

B: [continue giving chest compressions] What did they say?

C: They said they'd be here soon, and to keep giving chest compressions until they arrive.

B: [continue giving chest compressions] I'm getting tired already. Can you help me soon?

C: Sure, I'll give chest compressions when you can't do them any more.



attacks, and almost half of them die.